Young Adult Fiction – Mental Illness and Mental Health Booklist

- All That I Can Fix – Chan, Crystal
- Art of Starving – Miller, Sam
- Astonishing Color of After – Pan, Emily
- Before I Let Go – Nijkamp, Marieke
- Challenger Deep – Shusterman, Neal
- Complicit – Kuehn, Stephanie
- Darius the Great is Not Okay – Khorram, Adib
- Finding Audrey – Kinsella, Sophie
- Highly Illogical Behavior – Whaley, John Corey
- I Have Lost My Way – Forman, Gayle
- Impulse – Hopkins, Ellen
- It’s Kind of a Funny Story – Vizzini, Ned
- Last Night I Sang to the Monster – Saenz, Benjamin Alire
- Little and Lion – Colbert, Brandy
- Made You Up – Zappia, Francesca
- Memory of Light – Stork, Francisco X.
- Mosquitoland – Arnold, David
- My Heart and Other Black Holes – Warga, Jasmine
- OCD Love Story – Haydu, Corey Ann
- Place Between Breaths – An, Na
- The Rest of Us Just Live Here – Ness, Patrick
- Schizo – Sheff, Nic
- Starfish – Bowman, Akemi Dawn
- This is How I Found Her – Polsky, Sara
- A Tragic Kind of Wonderful – Lindstrom, Eric
- Turtles All the Way Down – Green, John
- Under Rose-Tainted Skies – Gornall, Louise
- Watch the Sky – Hubbard, Kirsten
- Weight of Zero – Fortunati, Karen
- When We Collided – Lord, Emery
- Wide Awake – Smith, Hilary T.
- A World Without You – Revis, Beth

If you or someone you know is struggling, call the National Alliance on Mental Illness at 800-950-NAMI (6264), the Substance Abuse and Mental Health Services Administration at 800-622-HELP (4357), or the National Suicide Prevention Line at 800-273-8255.

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