#10 - American Sign Language (ASL)
This kit provides introductory material for learning American Sign Language.
- Time to Sign by Kathryn Clay
- Hand Sign Number Tiles (1-10)
- Sign Language Flash Cards
- Adult ASL Flash Cards

#11 - Community Helpers
Use this kit to talk about professions and community helpers we may interact with in our lives.
- Community Workers Poster Pack
- Police Officers by Cari Meister
- Firefighters by Cari Meister
- Doctors by Cari Meister
- Real-Working Stethoscope

#12 - Healthy Eating
Use this kit to discuss healthy food choices, food groups, and food preparation.
- The Cookbook for Children with Special Needs by Deborah French
- The Kid Friendly ADHD & Autism Cookbook by Pamela Compart
- My Healthy Plate Magnet Activity Set

Need more information and resources?
Visit the Special Needs page on our website, novilibrary.org, under the Youth tab.
Novilibrary.org/Youth/Special-Needs

The Novi Public Library’s Special Needs Collection supports children and adults with special needs, as well as their families, caregivers, and teachers, by providing materials to assist in learning about and practicing social and life skills.
#1 - Emotions
This kit provides tools for strengthening social-emotional awareness by exploring emotions and facial expressions.
- The Feelings Book by Todd Parr
- Todd Parr Feelings Flash Cards
- Visual ASD Feelings Board
- Moods & Emotions Mirrors

#2 - Self Regulation
Explore this kit containing options for increasing focus and concentration with self-regulation fidgets and tools.
- Flex-Space Wobble Cushion
- Stretchy Resistance Fidget Bands
- Visual Time Tracker
- Self-Regulation and Mindfulness by Varleisha Gibbs

#3 - Getting Dressed
This kit addresses the fine motor skills needed for getting dressed. Increase independence and self-confidence by strengthening this important life skill.
- Dressing Boards
- Buckle Toy Busy Board
- Visual ASD Getting Dressed Schedule

#4 - Dental Hygiene
Increase independence and self-confidence by using this demonstration kit to teach the important life skill of dental hygiene
- Learn to Brush Demonstration Kit
- Visual ASD Cleaning Teeth Schedule
- Caring for Your Teeth by Sian Smith
- Autism: Teach Your Autistic Children Hygiene Skills to Help Them Live a Clean, Healthy and Happy Life by Nancy Perez
- Dentists by Cari Meister

#5 - Yoga
Introduce the practice of yoga to develop large motor skills, increase focus, and teach self-soothing strategies.
- ABC for Me: ABC Yoga by Christiane Engel
- Yoga Therapy for Children with Autism and Special Needs by Louise Goldberg
- Yoga Cards: The Game
- ALEX Active Yoga Activity Blocks
- Yoga for Children with Special Needs (DVD)

#6 - Sensory - Touch
Explore the sense of touch through a variety of hands-on, tactile experiences. Expand vocabulary by using descriptive language about textures. Also reinforces color identification, matching, and fine motor skills.
- Learning Resources Ruff’s House Teaching Tactile Set
- Educational Insights Teachable Touchables Texture Squares

#7 - Sensory - Hearing
Explores the sense of hearing through auditory stimulation. Manipulatives are inclusive of people who have low vision or are blind.
- So Many Sounds by Tim McCanna
- This Beach is Loud! By Samantha Cotterill
- Toysmith Mini Wiggly Giggly Ball
- Melissa & Doug Musical Instruments Sound Puzzle

#8 - Social Skills
Speech therapy resources that encourage language development, communication, and conversation, as well as resources for understanding social behavior.
- MKGames Actions—Professional Tool Kit
- Conversation cubes
- Visual ASD Interactive Behavior Rules Board
- Can I Play Too? By Samantha Cotterill

#9 - Alphabet
Develop alphabet skills through talking, listening, and touching to build the foundation for reading and writing. Braille is incorporated into various elements of this kit.
- Touch and Feel Braille Alphabet Cards
- Hear Myself Alphabet Sound Phone & Book
- Braille Alphabet tiles