National Nutrition Month

Browse through the Novi Public Library’s list of recommended materials to recognize National Nutrition Month in March. Click on the image to be directed to our online catalog to read details about the item.

**Youth Board Books**

- *Eating the Alphabet* by Lois Ehlert
- *Mrs. Frisnabuck’s Vegetable Alphabet* by Jessie Food

**Youth Picture Books**

- *Showdown at the Food Pyramid* by Rex Barron
- *Edible Colors* by Jennifer Vogel Bass
- *Healthy Snacks for Blue!* by A. J. Laffoon

**Youth Nonfiction**

- *Are You What You Eat?* by Lizann Flatt
- *Nutrition Basics* by John Buckingham
- *Kids’ Fun & Healthy Cookbook* by Anne Byrn

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Youth DVDs